2022 AQUATICS GUIDE

GATOR WATER PARK
D St., Bldg. 3410, Virginia Beach, VA 23459
757-462-7173

PIERSIDE POOL
Midway Rd., Bldg. 1560, Norfolk, VA 23518
757-462-8280

JEBLC AQUATICS COORDINATOR
757-462-7478

JEB LITTLE CREEK

MWR
AQUATICS

GATOR
Water Park

PIERSIDE
POOL

2022 AQUATICS GUIDE

GATOR WATER PARK
D St., Bldg. 3410, Virginia Beach, VA 23459
757-462-7173

PIERSIDE POOL
Midway Rd., Bldg. 1560, Norfolk, VA 23518
757-462-8280

JEBLC AQUATICS COORDINATOR
757-462-7478

JEB LITTLE CREEK

MWR
AQUATICS

GATOR
Water Park

PIERSIDE
POOL
GATOR WATER PARK  . . . . . . . . . . . . . . . . . . . . .  1 - 3
PIERSIDE POOL  . . . . . . . . . . . . . . . . . . . . . . . . . . .  4
AQUATIC COURSES & CHALLENGES  . . . . . . . .  5
EVENTS  . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .  6 - 8
   Gator Games
   Family Fitness, Sports & Aquatics Day
   Dive-In Movies
SWIM COURSES REGISTRATION FORM  . . . . . . . . . 9
LICENSE, AUTHORIZATION, RELEASE
AND AGREEMENT FORM  . . . . . . . BACK COVER

GUEST POLICIES
• Each patron, 18 years and older with a valid ID card, can sponsor no more than two guests.
• The sponsor must remain with the guest(s) at all times.

PROHIBITED ITEMS
• Glass containers, pets and chewing gum
• Smoking is limited to the designated area only.
• Improper/indecent bathing attire
• Toys (balls, Frisbees, diving sticks, etc.), including in the wading pool
• Flotation devices (not U.S. Coast Guard approved)
• Abusive, profane language, spitting, open wounds, bandages or communicable illnesses of any kind
• Persons under the influence of alcohol or drugs
• Radios, TVs and music devices without headphones

JEBLCAQUATICS COORDINATOR
757-462-7478

JEB Little Creek Pierside and Gator Pool are cashless facilities.
GATOR WATER PARK
BUILDING 3410, D STREET · 757-462-7173

HOURS OF OPERATION
May 28 - June 18: Weekends only
June 19 - September 4: Tuesday - Sunday: 11 a.m. - 4 p.m.

DAILY PRICES
$9 daily visit - Active duty, retirees, Reservists and eligible family members
$11 daily visit - DoD civilians and guests
Children ages two and younger admitted free.
A daily visit pass is valid for all sessions on that date. However, if a day pass is purchased for the first session, participants must return to the back of the line if they wish to participate in the second session.
Guests are limited to two per eligible sponsor.

SEASON PASSES
Season passes are available for purchase at Rockwell Hall Gym and Gator Park.
One person: $70  Three people: $180  Five people: $300
Two people: $120  Four people: $240  Six people: $360

PARTY AREA RESERVATIONS
There is a maximum of two parties per day.
• Party Area Rental fee: $250
• Groups are limited to 20 people starting at 11 a.m.
• A non-refundable rental fee of $100 must be paid up-front because of capacity limitations.
• Reservations must be made at Rockwell Hall Gym.

Private parties may be reserved from 6 - 9 p.m., Tuesday - Sunday.
• Rental fee: $1500 with a $500 deposit

JEB Little Creek Pierside and Gator Pool are cashless facilities.

GATOR BITES SNACK BAR
Cheeseburgers · Pizza · Chips · Ice Cream
Candy · Drinks · Healthy options also available
GATOR WATER PARK

RULES & REGULATIONS

• A valid military or DoD ID card is required upon entry.
• All customers who enter the facility, regardless of purpose, will be charged the daily admission fee.
• Children 10 years and older must present an ID card upon entry and have it in their possession for the duration of their stay at the facility.
• Children between the ages of 10 and 17 who cannot complete a swim test cannot be left unattended and must be under constant supervision (within arms reach) of an individual, 18 years or older, with proper ID.
• The aquatics team is not responsible for lost or stolen personal items.
• When the pool has reached capacity, customers may enter only as an equal number of customers leave, on a first-come, first-served basis.

POOL AND DECK BEHAVIOR

• All customers must obey lifeguards and/or aquatic team members.
• Running on the pool deck is prohibited.
• Diving is not permitted.
• Only U.S. Coast Guard approved life jackets are permitted.
• Life jackets are not permitted on large water slides.
• A swim test must be passed in order to enter deep water and for children, ages 10 to 17, to be left alone, and only if they are an ID card-carrying military eligible family member (subject to the manager’s judgment).
• Horseplay (pushing, dunking, throwing, shoulder carrying, etc.) is not permitted.
• Gymnastics (flips, back dives, etc.) off the side of the pool are not permitted.
• Playing or tampering with safety equipment is prohibited.
• Excessive breath holding and drown proofing are not permitted.
• Children who are not potty-trained must be in both a swim diaper and a bathing suit.
• Standing or swimming in front of slides is prohibited.
• Headfirst slides are prohibited. Seated position or on back, facing forward only.
• Only one person may go down the slides at a time.
• Avoid stopping on slides.
• No toys or face masks allowed.
**SPLASH NAVY SWIM TEST**
In order to borrow a deep end wrist band for the day, swimmers must have a Youth Navy Swim License by demonstrating the following minimum standards:

1. Swim one pool length (minimum 25 yards) unassisted and without rest. Swimmers must use a recognizable swim stroke for the entire distance.
2. Tread water for a minimum of 60 seconds.
3. Jump into the deep end of the pool and return to the surface.
4. Exit the pool unassisted.

* Swimmers may be reassessed as needed even after receiving a Youth Navy Swim License.

**SPLASH PARK & WADING POOL RULES**
- OPEN TO CHILDREN AGE FIVE AND YOUNGER ONLY.
- Parents must actively supervise their children.
- Running on pool deck and in Splash Park is prohibited.

**GATOR FLOATS RULES**
- No more than three people at a time are allowed on a single Gator Float.
- All movement is from the bathhouse to the big slide.
- When patrons reach the far side, they must exit the pad area.
- If a patron falls off, they must clear the area. There is no climbing back up on the pads.

**ROCK WALL RULES**
- You must pass the swim test in order to participate.
- One person at a time on rock wall.
- Exit the drop zone at the closest exit point as soon as you fall in, avoiding slide drop zone.
- The wall may be closed for safety concerns during peak swimming times.
PIERSIDE POOL
Midway Rd., Building 1560
757-462-8280

HOURS OF OPERATION
Open June 20 - September 2
6 a.m. - 3 p.m., Monday - Friday
Lap swim: 6 - 8 a.m. and 11 a.m. - 1 p.m.
Group exercise courses: 8 - 11 a.m.
Open swim and lap swim: 1 - 3 p.m.

Note: One or two lap lanes will be available during open swim and whenever a group exercise course is not occurring.

POOL AND DECK RULES
• Running on the pool deck is prohibited.
• Diving is not permitted.
• Only U.S. Coast Guard approved life jackets are permitted.
• Children ages 10 to 17 must pass a swim test in order to enter deep water for them to swim alone.
• Horseplay (pushing, dunking, throwing, shoulder carrying, etc.) is not permitted.
• Gymnastics (flips, back dives, etc.) off the side of the pool are not permitted.
• Playing or tampering with safety equipment is prohibited.
• Excessive breath holding and drown proofing are not permitted.
• Children who are not potty-trained must be in both a swim diaper and a bathing suit.

JEB Little Creek Pierside and Gator Pool are cashless facilities.
LIFEGUARDING COURSES

LIFEGUARDING COURSES: $150
Participants must register separately for a prerequisite swim and a lifeguarding course. The prerequisite swim must be passed before continuing to the lifeguarding course. Any date of prerequisite swim may be chosen to qualify for a lifeguarding course as long as the prerequisite swim precedes the lifeguarding course.

PREREQUISITE SWIM REGISTRATION: Free with lifeguard courses
- Must be at least 16 years old on or before the last day of the course session and must have completed all online content before the beginning of the first class.
- Prerequisite swims TBD. Call for dates at 757-462-7478

BLENDED LEARNING LIFEGUARDING COURSE: $200 - DATES TBD
- Registration refunds may be offered if the participant fails to pass the prerequisite swim test.
- All online content must be completed before the first in-person session.
- All courses are offered over three days; participants must be present at all three sessions in order to earn a certification.

Registrations will be accepted at Pierside and Rockwell Hall Gyms.

SECOND CLASS SWIM PREP
PIERSIDE POOL
Naval personnel only
TBD. Call 757-462-7478 for details.
Preregistration is not required. Cost: Free
- This class focuses on developing confidence and ability to survive in aquatic environments.
- Instructors will be available to assist service members with their swimming goals.

WATER AEROBICS
PIERSIDE POOL
Fridays, June 24 - August 26, 10 a.m. Registration is required.
Ages 16 and older. Cost: $3 per class or $20 for season.
- Experience a fun and energetic water exercise program.
- Everyone is encouraged to work at their own pace. Exercises may be modified to suit individual needs.

JUST KEEP SWIMMING CHALLENGE
PIERSIDE POOL
June 19 - September 2. Cost: Free

KEEP SWIMMING ALL SUMMER LONG!
The first step to building endurance, distance and dropping time is getting in the pool!
- Use the self-tracker (ask staff) to record your distance and watch your progress.
- We will help you along the way with technique tips, workouts and progress.
Friday, June 3, beginning at 7:30 a.m.

**JEB LITTLE CREEK • GATOR WATER PARK**

5-PERSON TEAMS

TEAMS WILL SWIM, SLIDE AND CLIMB THEIR WAY THROUGH GATOR WATER PARK!

PARTICIPANTS SHOULD BE COMFORTABLE IN DEEP WATER.

THE TEAM WITH THE BEST TIME WINS THE TITLE OF GATOR GAMES CHAMPION!

Open to the first 10 teams to register at JEB Little Creek Rockwell Hall by Wednesday, June 1.

757-462-7735
Family Fitness, Sports & Aquatics Day

Saturday, June 25
2 to 5 p.m.
Pierside Gym and Pool

FREE FAMILY EVENT!

Swimming
Croquet
Frisbee Golf
Volleyball
Water Safety
Dance with the DJ!
Treats & Eats

JEB LITTLE CREEK - FORT STORY

757-462-7419
Free!

Grab your towel and floatie and meet us at Gator Water Park for our Summer Dive-In Movie Series!

Dive-in Movies

FRIDAYS: July 22 & August 19 at Gator Water Park

Water slides will be turned off at the start of the movie.

 выпол. Pool deck opens at 7 p.m.

 выпол. Movie will start following Evening Colors.

 выпол. Prizes & giveaways awarded!

 выпол. Beach chairs and blankets are welcome.

Open to active duty, Reservists, retirees, DoD civilians and eligible family members. May be canceled due to weather.

NavyLifeJEB.com  @JEBLCFS @jeblittlecreekfortstory  757-462-7691

No Navy endorsement implied.
PARTICIPANT’S INFORMATION:
Participant’s Name: ____________________________________  Age: _____________
First                       Last
Street Address: ______________________________________________________
City:_______________________________State:___________Zip: ____________
Phone: ________________________  Email: ______________________________

Emergency Information:
Emergency Contact Name: ______________________________________________
Phone:________________________ Relationship: __________________________
Secondary Emergency Contact: ___________________________________________
Phone:________________________ Relationship: __________________________

Medical Information:
Does the participant have any medical condition that the instructor should be aware of
(for example: diabetes or suffers from seizures)? Circle one:    YES     NO
If yes, please explain: __________________________________________________
____________________________________________________________________

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Course Times and Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Learn-to-Swim Classes will be taught during the</strong></td>
<td><strong>$60 per child of active duty, retired,</strong></td>
</tr>
<tr>
<td><strong>following dates:</strong></td>
<td><strong>reserve personnel and DoD civilian.</strong></td>
</tr>
<tr>
<td>Session One: June 20 - 30</td>
<td><strong>Course times:</strong></td>
</tr>
<tr>
<td>Session Two: July 11 - 21</td>
<td>8:25 - 9:10 a.m.</td>
</tr>
<tr>
<td>Session Three: July 25 - August 11</td>
<td>9:20 - 10:05 a.m.</td>
</tr>
<tr>
<td>Session Four: August 15 -25</td>
<td>10:15 - 11 a.m.</td>
</tr>
</tbody>
</table>

Fill in the preferred course selection and an alternate:
____________________________________________________________________
____________________________________________________________________

Signature  Date
A signature is required for all participants age 18 and younger.
I, ___________________________ , hereby give and grant to the United States Department of the Navy, (hereinafter referred to as "Navy"), and those acting with and under their permission, a full and royalty-free license and the right to use any work created by me in any media, form or format, including, but not limited to, artwork of any kind, photos, logos and videos for publishing, illustration, advertising, trade and promotion, or any other use (hereinafter referred to as "MEDIA") in any medium for any purpose, including the identification of the Navy as a source or sanctioning authority for any goods, service, or organization that the Navy may use the MEDIA in connection with, and the licensing of the MEDIA by the Department of the Navy for commercial use in connection with any goods, service, or organization.

I further authorize the Navy to register the MEDIA with the United States Patent and Trademark Office as a trademark, service mark, membership mark, or collective mark of the Navy.

I hereby hold the Navy harmless from any and all liability that might arise out of or result from the foregoing use.

I hereby waive any right that I may have to inspect or approve the MEDIA or the materials to which they may be incorporated or any use whatsoever with which they may be associated.

I hereby release and discharge the Navy from any liability by virtue of any blurring, distortion, alteration, optical illusion, or use in composite from, whether intentional or otherwise, that may exist in the MEDIA or in any publications thereof.

I understand and agree that this Authorization, Release and Agreement shall be effective forever from the date hereof and shall be applicable throughout the world.

The undersigned hereby represents and warrants that no third party has any copyright or other ownership interest, or any other claim of partial or full exclusivity that might conflict with this Authorization, Release and Agreement, in or to the MEDIA, and releases and discharges, and agrees to indemnify the Navy, from any and all claims. This agreement shall be binding upon me and my heirs, legal representatives, and assigns.

I hereby warrant that I am full age* and have every right to contract in my own name in execution of this Authorization, Release and Agreement. I state further that I have read this Authorization, Release and Agreement in its entirety prior to my execution hereof, and that I am fully familiar with and in agreement with the contents hereof.

Signature: __________________________________________

Date: ______________________________________________

*I hereby certify that I am 18 years of age or older, or have reached the age of majority under the laws of the jurisdiction within which I am domiciled. If I have not reached the age of majority, this release must be signed by a parent or guardian.