

To be filled out by your youth sponsor:

NAME: _____ GRADE: _____

PARENT NAME: _____

FIRST CONTACT [DATE]: _____

FIRST MEETING [DATE]: _____

INTRODUCED TO OTHERS [DATE]: _____

TOUR OF YOUTH CENTER [DATE]: _____

ACTIVITIES/EVENTS INVITED TO:

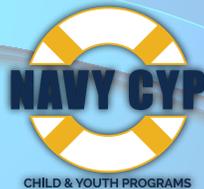
[NAME/DATE]: _____

[NAME/DATE]: _____

[NAME/DATE]: _____

PLEASE CHECK ONE OF THE FOLLOWING:

- YES! I would like to sponsor another youth.
- NO! I would not like to sponsor another youth.



Naval Station Norfolk • Child & Youth Programs



The Positive Place For Kids



BOYS & GIRLS CLUBS
MEMBER AFFILIATED ORGANIZATION



Youth Sponsorship Program



NSN-CYP-198238-DT



757-444-8259

The Department of the Navy does not endorse any company, sponsor or their products or services.

Naval Station Norfolk Youth Center and School Liaison Officer

Address

Naval Station Norfolk
1st Avenue & Bellinger Blvd.
Youth Center, Bldg U-40
Norfolk, VA 23511-2815

Phone

Youth Center757-444-8259
School Liaison Officer757-445-0350

Hours of Operation

Youth Center

Monday through Friday, 5 a.m. to 7 p.m.
Youth centers are closed for all federal holidays.

School Liaison Officer

Monday through Friday, 8 a.m. to 4:30 p.m.

Youth Sponsor Request

Welcome to Naval Station Norfolk!

Our sponsorship program will help you make a smooth transition to Naval Station Norfolk and introduce you to Naval Station Norfolk youth and teens. We will match you with current youth and teens with similar interests. Your sponsor will assist you with learning about our community and help you feel at home. Please return form to the Naval Station Norfolk Youth Center, School Liaison Office or any Naval Station Norfolk MWR Facility.

NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____

PHONE NUMBER: _____ GRADE: _____

E-MAIL: _____

Requester's hobbies and interests:

Please check all that apply.

SPORTS

- Baseball
- Basketball
- Softball
- Soccer
- Football
- Cheerleading
- Gymnastics
- Martial Arts
- Swimming
- Hockey
- Volleyball
- Tennis
- Golf
- Hiking
- Bowling
- Kayaking
- Surfing
- Snowboarding
- Other: _____

CLUBS

- 4-H Club
- Keystone Club
- Torch Club
- Stay Smart
- SMART Girls
- Passport To Manhood
- Club Tech
- Career Launch
- Money Matters
- Goals for GRAD
- Girl/Boy Scouts
- Sports Club
- Chapel Youth Group

MUSIC

- Write/Compose
- Sing/Vocal
- Pop/Top 40
- Hip Hop/Rap
- R&B/Soul
- Metal/Hard Rock
- Alternative Rock
- Goth
- Punk
- Techno/Dance
- Reggae
- Country
- Gospel
- Classical/Opera
- Other: _____

HOBBIES

- Animals
- Computers/Tech
- Scrapbooking
- Drama
- Cooking
- DJ-ing
- Photography
- Art: _____
- Dance: _____
- Video Games
- Wii/PS-2 or 3 /Xbox Kinect
- Writing
- Community Service
- Other: _____
- Other: _____



**GET CONNECTED
WITH MWR!**
MOBILE READY WEBSITE
MOBILE APPS
MOBILE MESSAGING SYSTEM

NAVY MWR MIDLANT.COM

Navy MWR Mid-Atlantic brings together information on Fleet & Family Readiness programs such as MWR, CYP, Galleys, FFSC and NGIS. Find the latest hours of operation and general info for places to eat, recreation and entertainment, fitness and sports, support programs, job opportunities, movie listings, calendar of events and so much more, all in one spot.

**TEXT MWRMA TO
555888 FOR
EVERYTHING MWR!**

- TEXT NOTIFICATIONS
- MOVIE LISTINGS
- EVENTS & ACTIVITIES CALENDAR
- FACILITY INFO WITH
- CLASSES & SCHEDULES
- GPS NAVIGATION
- EVENT REGISTRATIONS
- DINE ON THE GO FOOD ORDERING

The official website, app and text messaging notification service for Navy Region Mid-Atlantic MWR

Welcome Youth

Welcome to Naval Station Norfolk. This booklet is a guide to help you learn about the surrounding area and to give you an insight into the youth programs we offer.



The Youth Sponsorship program is designed to assist young people in making the transition from one installation to another successfully. It is our goal to help incoming youth adjust and get connected with a youth sponsor at the installation. Youth sponsors will provide information about area schools, attractions and the surrounding community. This program is created by and for youth with youth involvement in every aspect of the program.

Please take a moment to look through the booklet and call for more information. Our pre-teens and teens are also available to assist in any way. If you would like more information, please contact your School Liaison Officer, Youth Director or FFSC Relocation Manager.

Service Organizations

American Red Cross 757-623-4880
611 W. Brambleton Ave., Norfolk

Boys & Girls Club of Southeast Virginia www.bgcseva.org

Colleges

Norfolk State University www.nsu.edu 1 (800) 274-1821
Old Dominion University www.odu.edu 757-683-3685
Tidewater Community College www.tcc.edu 757-822-1122
or 1-800-371-0898

Parks and Recreation

Virginia Beach fun@vbgov.com
Chesapeake Cityofchesapeake.net
Norfolk Norfolk.gov
Portsmouth Portsmouthva.gov
Newport News Newport-news.org
York County Yorkcounty.gov

SPCA Norfolk 757- 622-3319
SPCA Virginia Beach 757- 427-0070

YMCA of South Hampton Roads www.ymcashr.org

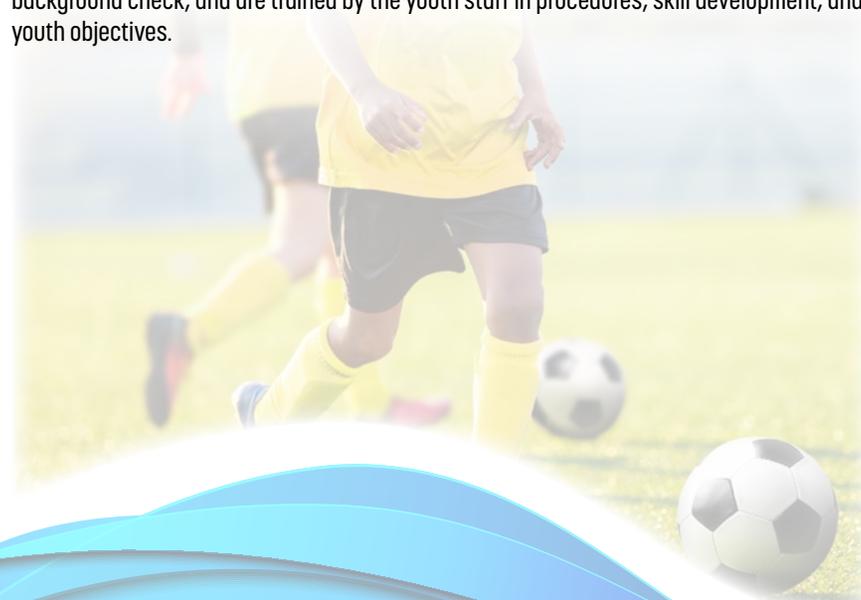
Youth Center Programming (continued)

Eligibility for the preceding youth programs are: Children of active duty military personnel, Department of Defense (DoD) civilian personnel paid from either appropriated or non-appropriated funds, Reservists on active duty and DoD contractors.

Eligible members include: Children of active duty military personnel, Department of Defense (DoD) civilian personnel paid from either appropriated or non-appropriated funds, Reservists on active duty, DoD contractors and retirees.

Sports Programs

The program offers fall and spring soccer, winter basketball and cheerleading leagues, and spring baseball to children, five to 18. Registration fees are charged to participants to cover costs of shirts, shorts, trophies and league play. Team coaches undergo an extensive background check, and are trained by the youth staff in procedures, skill development, and youth objectives.



Navy School Liaison Officer (SLO)

Connecting Navy Families, Commands and K-12 Schools

The Navy School Liaison Officer Program helps to ensure school personnel are aware of the stressors on military families brought about by frequent transitions and extended deployments.

What Services do School Liaison Officers Provide?

The School Liaison Officer specializes in serving military families and offers a wide spectrum of services, enabling families to become more involved in their child's educational experience. Services include:

- Supporting families with inbound/outbound school transfers
- Providing information on local schools and boundaries
- Helping families understand the special education process
- Providing information about graduation requirements
- Making military and community agency referrals
- Supporting families with the home schooling process
- Assisting with post-secondary preparation

Naval Station Norfolk SLO.....757-445-0350

Schools Serviced by SAC Program

Listed below, you will find the schools that are serviced by the SAC Program and that are provided for during the school year. Please visit these sites for more information about your school or other local schools in your area:

- www.militaryk12link.com
- www.hamptonroads.com/schoolzone
- www.npsk12.com [Norfolk Public Schools]

- Bayside Elementary School
- Blair Middle School
- Camp Allen Elementary School
- Granby Elementary School
- Mary Calcott Elementary School
- Northside Middle School
- Norview Elementary School
- Ocean Air Elementary School
- Oceanview Elementary School
- Sewells Point Elementary School
- Suburban Park Elementary School

Driver's License

To contact your local DMV, please call: 1-886-DMVLINE (1-866-368-5463) or 1-800-435-5137 or visit www.dmv.state.va.us.

The minimum age for obtaining a Virginia driver's license is 16 years and three months. To obtain a Virginia learner's permit, you must be at least 15 years and six months. To apply for a driver's license, learner's permit, or ID card, you must show two proofs of identity, one proof of legal presence and one proof of Virginia Residency. Proof of your social security number (if you have been issued one) is required if you are applying for a driver's license or learner's permit. You may hold either a driver's license or an ID card, but not both. If you hold a license of any kind, you are not eligible for an ID card.

If you hold an out-of-state license, DMV may waive the knowledge and skills road tests if you meet the identity, legal presence, residency, and social security requirements and Virginia driver education requirements, if applicable.



Entertainment, Parks and Historical Sites

The Hampton Roads area offers many exciting and great places to visit and explore! Listed are a few local favorites for each city. Please visit these sites for details:

www.virginia.org • www.hamptonroads.com • www.gohamptonroads.com

Chesapeake

- Greenbrier Mall
- Greenbrier Skating Rink & Ice Sports
- Chesapeake Square Mall
- Chesapeake Golf Club
- Chesapeake City Park
- Chesapeake Skate Park

Norfolk

- Scope & Chrysler Hall
- The Norva
- Nauticus
- Town Point Park
- Norfolk Botanical Gardens
- Norfolk Zoo
- MacArthur Center
- Norfolk Tides

Portsmouth

- Children's Museum
- Downtown Historical Portsmouth
- Portsmouth Pavilion

Yorktown/Hampton/ Williamsburg

- Busch Gardens
- Water Country USA
- Williamsburg Outlets
- Colonial Williamsburg

Virginia Beach

- Oceanfront Shops
- Virginia Beach Boardwalk
- Virginia Aquarium
- First Landing State Park
- Lynnhaven Mall
- Pembroke Mall
- Town Center
- Veterans United Home Loans Amphitheater
- Laserquest

Other Places to Visit

- Kings Dominion
- Ocean Breeze Waterpark
- Spirit of Norfolk
- Virginia Air & Space Museum
- Hampton Coliseum

Affiliated Programs

Boys & Girls Club of America

Keystone Club & Torch Club

Keystoning is the Boys & Girls Club Movement's most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience. They conduct activities in three areas: Academic success, career exploration and community service. This program gives teens an opportunity to explore new horizons and become part of a team. Our keystoneers who participate also get the opportunity to attend Regional and National Conferences around the United States.

The Torch Club is a leadership and service club for pre-teens ages nine to 12. Torch Club advisors on staff can help meet the needs of younger adolescents at a critical stage in their development. Torch Club members learn to elect officers and work together to plan and implement activities.

Youth of the Year

Youth of the Year is BGCA's premier youth recognition program for club members, ages 14 to 18, to promote and celebrate:

- Service to Club
- Academic Performance
- Community Service
- Moral Character
- Home and Family
- Life Goals

The Youth of the Year program is used as a year-round tool for fostering young people's character, personal growth and leadership qualities. Our club recognizes Youth of the Months and selects one as Youth of the Year to participate in the regional state competition. Five regional winners each receive a \$5,000 scholarship and compete on the national level. The National Youth of the Year receives an additional \$10,000 scholarship and is recognized by the President of the United States.



BOYS & GIRLS CLUBS
MEMBER AFFILIATED ORGANIZATION

Affiliated Programs (continued)

Smart Moves

This nationally acclaimed comprehensive prevention program helps young people resist alcohol, tobacco and other drug use. Smart Moves features engaging, interactive, small-group activities that increase participants peer support to enhance their life skills. The program encourages collaborations among club staff, youth parents and representatives from other communities. The program's components are: SMART Kids, for ages six to nine, Start SMART for ages 10 to 12, Stay SMART for ages 13 to 15 and SMART Parents. SMART Leaders is a peer leader/booster program for older teens to become mentors with the SMART Moves Program.

Triple Play

Healthy Habits - Empowering youth to eat right is a generation-changing, life-enhancing program goal. Triple Play's nutrition component, called Healthy Habits, covers the poster of choice, calories, vitamins & minerals, the food pyramid and appropriate portion size. The Healthy Habits program is designed to:

- Teach young people about the benefits of healthy habits such as eating right and being physically active.
- Equip young people with skills to adopt healthier habits by participating in fun and engaging learning activities both at the club and at home.
- Encourage young people to take steps toward positive behavior changes.



Affiliated Programs (continued)

4-H Programs

The 4-H program offers many curriculums that provide activities for ages five to 18. Here are just a few curriculums our centers will offer:



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- Photography
- Exploring 4-H
- Sewing
- Technology
- Theatre Arts
- Leadership

MWR Community Recreation Special Events



MWR Community Recreation sponsors various special events throughout the year to foster the development of life long leisure skills, promote socialization between the Hampton Roads and military communities and create active lifestyles for all. Each year, Community Recreation strives to help you find more ways to recreate. To stay up-to-date on programming, please visit navymwrmidlant.com or facebook.com/NSNMWR. Listed below are some events you can expect:

- Ties & Tiara's Father Daughter Dance
- Great Easter Eggspedition
- Military Child Superhero Summit
- Magical Luncheon
- Movie Under the Stars
- Fun Time Camp Night
- Fleet Fest
- Breakfast & Bowling with Santa
- And many more exciting events!

