

Mid-Atlantic Galley

November 2024 Lunch Menu



NOTE: MENU SUBJECT TO CHANGE DUE TO HOLIDAY MEALS & PRODUCT AVAILABILITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3	4 "Mediterranean Mania" Beef & Chicken Gyros Falafel Grilled Salmon Chickpea Soup	5 "Taco Tuesday" Fish/Shrimp Taco Beef Taco Chicken Fajitas Black Bean Soup	6 "Burger Blitz" Deluxe Hamburger Black Bean Burger Chicken Teriyaki Chicken Noodle Soup	7 "Taste of Ireland" 10 Grain Fish Turkey Stew Shepard's Pie Clam Chowder	8 "Philly Day" Cheese Steak Chicken Sandwich Cajun Catfish Potato and Pepper Soup	9 Lemon Baked Trout Five Spice Chicken Egg Drop Soup
10 Blackened Catfish Chicken Tenders Mozzarella Sticks Tortilla Soup	11 "Pasta Bar" Chicken Parmesan Garlic Butter Fish Chicken Fettucine Spaghetti & Meatballs	12 "BBQ" Cajun Catfish BBQ Ribs Smoked Brisket BBQ Chicken	13 "Ramen Bar" Tonkatsu Ramen Beef Pho Hot and Sour Veggie Creole Chicken Ramen	14 "Surf & Turf" Grilled Steak Roast Beef Shrimp Cocktail Honey Mustard Salmon	15 "CPO Slices & Wings" Chicken Wing Bar Pizza Bar Vegetable Lasagna Lemon Baked Fish	16 "Brunch" Grilled Steak Baked Ham Salmon Primavera Waffle Bar
17 Cajun Trout Chicken Banh Mi Grilled Cheese & Ham Tomato Soup	18 "It's A Spud" Baked Potato Bar Pepper Steak Barbecued Pulled Pork Tandoori Chicken	19 "Asian American" Beef & Broccoli Teriyaki Chicken Shrimp Stir Fry Vegetable Lo Mein	20 "Burger Blitz" Deluxe Hamburger Black Bean Burger Huli Huli Chicken Cream Asparagus Soup	21 "Southern Soul" Oxtail Stew Baked Ham Jerk Chicken Baked Mac N Cheese	22 "Hot Diggidy Dog" Corn Dog Bratwurst Chili Dog 10 Grain Pollock	23 "Make Me a Sandwich" Tuna Salad Pita BLT Green Bean Casserole Chicken Noodle Soup
24 "Game Day" Chicken Wing Bar Pizza Bar Mozzarella Sticks Hummus	25 "Mediterranean Mania" Beef & Chicken Gyros Falafel Grilled Salmon Chickpea Soup	26 "Taco Tuesday" Fish/Shrimp Taco Beef Taco Chicken Fajitas Black Bean Soup	27 "Burger Blitz" Deluxe Hamburger Black Bean Burger Chicken Teriyaki Chicken Noodle Soup	28 "Holiday Meal" 	29 "Philly Day" Cheese Steak Chicken Sandwich Cajun Catfish Potato and Pepper Soup	30 Lemon Baked Trout Five Spice Chicken Egg Drop Soup