

Mid-Atlantic Galley

July 2025 Lunch Menu

2025

NOTE: MENU SUBJECT TO CHANGE DUE TO HOLIDAY MEALS & PRODUCT AVAILABILITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 "Asian American" Beef & Broccoli Teriyaki Chicken Shrimp Stir Fry Vegetable Lo Mein	2 "Burger Blitz" Deluxe Hamburger Black Bean Burger Huli Huli Chicken Cream Asparagus Soup	3 "Southern Soul" Oxtail Stew Baked Ham Jerk Chicken Baked Mac N Cheese	4 "Hot Diggidy Dog" Corn Dog Bratwurst Chili Dog 10 Grain Pollock 	5 "Make Me a Sandwich" Tuna Salad Pita BLT Green Bean Casserole Chicken Noodle Soup
6 "Game Day" Chicken Wing Bar Pizza Bar Mozzarella Sticks Hummus	7 "Mediterranean Mania" Beef & Chicken Gyros Falafel Grilled Salmon Chickpea Soup	8 "Taco Tuesday" Fish/Shrimp Taco Beef Taco Chicken Fajitas Black Bean Soup	9 "Burger Blitz" Deluxe Hamburger Black Bean Burger Chicken Teriyaki Chicken Noodle Soup	10 "Taste of Ireland" 10 Grain Fish Turkey Stew Shepard's Pie Clam Chowder	11 "Philly Day" Cheese Steak Chicken Sandwich Cajun Catfish Potato Pepper Soup	12 Lemon Baked Trout Five Spice Chicken Egg Drop Soup
13 Blackened Catfish Chicken Tenders Mozzarella Sticks Tortilla Soup	14 "Pasta Bar" Chicken Parmesan Garlic Butter Fish Grilled Chicken Minestrone Soup	15 "BBQ" Cajun Catfish BBQ Ribs Smoked Brisket BBQ Chicken	16 BBQ Chicken Chicken Pineapple Kabob Grilled Hotdogs Deluxe Burger Mac and Cheese Baked Potatoes	17 "Surf & Turf" Grilled Steak Roast Beef Shrimp Cocktail Vegetable Soup	18 "CPO Slices & Wings" Chicken Wing Bar Pizza Bar Vegetable Lasagna Lemon Baked Fish	19 "Brunch" Grilled Steak Baked Ham Salmon Primavera Waffle Bar
20 Cajun Trout Chicken Banh Mi Grilled Cheese & Ham Tomato Soup	21 "It's A Spud" Baked Potato Bar Pepper Steak Barbecued Pulled Pork Tandoori Chicken	22 "Asian American" Beef & Broccoli Teriyaki Chicken Shrimp Stir Fry Vegetable Lo Mein	23 "Burger Blitz" Deluxe Hamburger Black Bean Burger Huli Huli Chicken Cream Asparagus Soup	24 "Southern Soul" Oxtail Stew Baked Ham Jerk Chicken Baked Mac N Cheese	25 "Hot Diggidy Dog" Corn Dog Bratwurst Chili Dog 10 Grain Pollock	26 "Make Me a Sandwich" Tuna Salad Pita BLT Green Bean Casserole Chicken Noodle Soup
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