



INSTALLATION FLEET AND FAMILY SUPPORT CENTERS (FFSC) ARE

OPEN

FOR COMMAND AND INDIVIDUAL SUPPORT

Please contact your FFSC to inquire about the availability of in-person support for the following programs and services:

- Deployment and Mobilization Support
- Exceptional Family Member Program (EFMP)
- Family Advocacy Program (FAP) Training and Support
- Family Employment Training and Support
- Family Readiness Group Support
- FFSC Command Representative Program
- Individual and Couples Counseling
- Life Skills Education
- Navy Gold Star Program
- New Parent Support Home Visitation Program
- Ombudsman Program Support
- Personal Financial Management Counseling and Education
- Relocation Assistance Training and Services
- Sailor Assistance & Intercept for Life (SAIL)
- Sexual Assault Prevention and Response (SAPR) Training and Support
- Transition Assistance Program (TAP) Support

FLEET AND FAMILY SUPPORT CENTERS (FFSC)

CONNECTICUT

New London 860-694-3383

HAMPTON ROADS, VIRGINIA

Dam Neck Annex 757-492-6342
 Fort Story 757-422-7311
 Little Creek 757-462-7563
 Newport News 757-688-6289
 Norfolk 757-444-2102
 NSA HR - Northwest Annex 757-421-8770
 NSA HR - Portsmouth Annex 757-953-7801
 Oceana 757-433-2912
 Yorktown 757-887-4606

ILLINOIS

Great Lakes 847-688-3603 ext. 100

NEW HAMPSHIRE

Portsmouth 207-438-1835

NEW JERSEY

Earle 732-866-2115

NEW YORK

Saratoga Springs 518-886-0200 ext. 146

RHODE ISLAND

Newport 401-841-2283

NATIONAL RESOURCES

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

National Domestic Violence

Hotline 1-800-799-SAFE (7233)

National Child Abuse

Hotline 1-800-4-A-CHILD (422-4453)

Sexual Assault Victim Advocate 24/7

DOD Safe Helpline 1-877-995-5247

or call your installation FFSC.

safehelpline.org

Military OneSource 1-800-342-9647

militaryonesource.mil

